

# Why Is Sex Fun

## The Big, Fun, Sexy Sex Book

The New York Times bestselling authors of *Rinnavation* and *She Comes First* reveal candid and fun tips to improving your marriage by rejuvenating your sex life—and getting from “no-go” to the Big O. JUST SAY O! Have flannel pj’s replaced your silky negligees? Are you more likely to nod off cuddling the remote—instead of your partner? Are you too tired for sex? Is foreplay becoming “boreplay”? Too much comfort in your relationship can strip your sex life of its XXX rating and render your love life . . . lifeless. New York Times bestselling authors Ian Kerner, a nationally recognized sex counselor, and vivacious television personality Lisa Rinna are on a mission to help you get from “no-go” to the Big O. Mind-blowing sex is just pages away—now let’s have some fun! IT’S NEVER TOO LATE TO GET THE SEX LIFE YOU’VE ALWAYS WANTED! • Sexy scenarios and hot new moves to amp up the adventure! • The best sexual positions to make you climax • Confidence boosters that make you feel sexier than ever and bring out your inner thrill-seeker • Oral sex and hand job tips that will make his body go nuclear • Fixes for common bedroom problems such as low desire, mismatched libidos, and sexual boredom • Tips for coping with sexual “male-functions” such as premature ejaculation, erectile disorder, and a propensity for porn • The ten-step sex workout • The most amazing sex of your life—at any age, even after kids!

## Collapse

'A grand sweep from a master storyteller of the human race' DAILY MAIL 'Riveting, superb, terrifying' OBSERVER From the ghostly stone heads of Easter Island to crumbling Mayan cities hidden deep in the jungle, the mysterious ruins of lost worlds and vanished civilizations continue to haunt us. How could such mighty societies fall? And could our skyscrapers one day stand derelict and overgrown like ancient temples? Jared Diamond takes us on an epic journey around the globe, through the history of humanity and on to the future, to discover how - when tomorrow comes - we can be survivors. 'A book that has to be read . . . highly readable, highly persuasive and richly informative' INDEPENDENT ON SUNDAY 'Gripping . . . the book fulfils its huge ambition, and Diamond is the only man who could have written it' ECONOMIST 'This book shines like all Diamond's work' SUNDAY TIMES 'Magnificent' THE NEW YORK TIMES

## Why is Sex Fun?

Why are men, like other primate males, usually the aggressors and risk takers? Why do women typically have fewer sexual partners? In *Why Sex Matters*, Bobbi Low ranges from ancient Rome to modern America, from the Amazon to the Arctic, and from single-celled organisms to international politics, to show that these and many other questions about human behavior largely come down to evolution and sex. More precisely, as she shows in this uniquely comprehensive and accessible survey of behavioral and evolutionary ecology, they come down to the basic principle that all organisms evolved to maximize their reproductive success and seek resources to do so, but that sometimes cooperation and collaboration are the most effective ways to succeed. This newly revised edition has been thoroughly updated to include the latest research and reflect exciting changes in the field, including how our evolutionary past continues to affect our ecological present.

## Why Sex Matters

A fascinating insight into how human sexuality came to be the way it is now - Jared Diamond explains why we are different from the animal kingdom. Why are humans one of the few species to have sex in private? Why do humans have sex any day of the month or year, including when the female is pregnant, beyond her

reproductive years, or between her fertile cycles? Why are human females one of the few mammals to go through menopause? Human sexuality seems normal to us but it is bizarre by the standards of other animals. Jared Diamond argues that our strange sex lives were as crucial to our rise to human status as were our large brains. He also describes the battle of the sexes in the human and animal world over parental care, and why sex differences in the genetic value of parental care provide a biological basis for the all-too-familiar different attitudes of men and women towards extramarital sex.

## **Why Is Sex Fun?**

Anthropology, Sexual Studies, Psychology, Sociology, Gender and Cultural Studies

## **The Evolution of Human Sexuality**

Offers female readers advice on enhancing their sex lives, addressing such subjects as how to enjoy the physical pleasures of sex and how women's bodies respond best to sexual stimulation.

## **Are We Having Fun Yet?**

Since Darwin's day, we've been told that sexual monogamy comes naturally to our species. Mainstream science—as well as religious and cultural institutions—has maintained that men and women evolved in families in which a man's possessions and protection were exchanged for a woman's fertility and fidelity. But this narrative is collapsing. Fewer and fewer couples are getting married, and divorce rates keep climbing as adultery and flagging libido drag down even seemingly solid marriages. How can reality be reconciled with the accepted narrative? It can't be, according to renegade thinkers Christopher Ryan and Cacilda Jethå. While debunking almost everything we "know" about sex, they offer a bold alternative explanation in this provocative and brilliant book. Ryan and Jethå's central contention is that human beings evolved in egalitarian groups that shared food, child care, and, often, sexual partners. Weaving together convergent, frequently overlooked evidence from anthropology, archaeology, primatology, anatomy, and psychosexuality, the authors show how far from human nature monogamy really is. Human beings everywhere and in every era have confronted the same familiar, intimate situations in surprisingly different ways. The authors expose the ancient roots of human sexuality while pointing toward a more optimistic future illuminated by our innate capacities for love, cooperation, and generosity. With intelligence, humor, and wonder, Ryan and Jethå show how our promiscuous past haunts our struggles over monogamy, sexual orientation, and family dynamics. They explore why long-term fidelity can be so difficult for so many; why sexual passion tends to fade even as love deepens; why many middle-aged men risk everything for transient affairs with younger women; why homosexuality persists in the face of standard evolutionary logic; and what the human body reveals about the prehistoric origins of modern sexuality. In the tradition of the best historical and scientific writing, *Sex at Dawn* unapologetically upends unwarranted assumptions and unfounded conclusions while offering a revolutionary understanding of why we live and love as we do.

## **Sex at Dawn**

A collection of ideas for building an active, exuberant sex life. The authors help couples rekindle lost or lagging passion. Addressing both "cautious types" and "risk takers"

## **52 Ways to Have Fun, Fantastic Sex**

Go beyond the headlines and the hype to get the newest findings in the burgeoning field of gender studies. Drawing on disciplines that include evolutionary science, anthropology, animal behavior, neuroscience, psychology, and endocrinology, Deborah Blum explores matters ranging from the link between immunology and sex to male/female gossip styles. The results are intriguing, startling, and often very amusing. For

instance, did you know that. . . • Male testosterone levels drop in happy marriages; scientists speculate that women may use monogamy to control male behavior • Young female children who are in day-care are apt to be more secure than those kept at home; young male children less so • Anthropologists classify Western societies as \"mildly polygamous\" The Los Angeles Times has called *Sex on the Brain* \"superbly crafted science writing, graced by unusual compassion, wit, and intelligence, that forms an important addition to the literature of gender studies.\"

## **Sex on the Brain**

The exercises in this book -- to be done both with and without a partner -- increase the sensual awareness of touch and encourage individuals to focus on their own desire, as well as looking for ways to please their partner. They can be performed by people of any sexual orientation, at any level of experience, and lead naturally to greater passion, sensitivity, and pleasure. This edition has been rewritten for greater clarity and includes the latest information on contraceptives, male and female desire, talking sexy, and oral sex as well as achieving mutual orgasm, including advanced lovemaking techniques such as shifting focus, peaking, and plateauing.

## **The Sex & Pleasure Book**

Emily Witt is single and in her thirties. She has slept with most of her male friends. Most of her male friends have slept with most of her female friends. Sexual promiscuity is the norm. But up until a few years ago, she still envisioned her sexual experience achieving a sense of finality, 'like a monorail gliding to a stop at Epcot Center'. Like many people, she imagined herself disembarking, finding herself face-to-face with another human being, 'and there we would remain in our permanent station in life: the future'. But, as we all know, things are more complicated than that. Love is rare and frequently unreciprocated. Sexual acquisitiveness is risky and can be hurtful. And generalizing about what women want or don't want or should want or should do seems to lead nowhere. Don't our temperaments, our hang-ups, and our histories define our lives as much as our gender? In *Future Sex*, Witt captures the experiences of going to bars alone, online dating, and hooking up with strangers. After moving to San Francisco, she decides to say yes to everything and to find her own path. From public health clinics to cafe conversations about 'coregasms', she observes the subcultures she encounters with awry sense of humour, capturing them in all their strangeness, ridiculousness, and beauty. The result is an open-minded, honest account of the contemporary pursuit of connection and pleasure, and an inspiring new model of female sexuality - open, forgiving, and unafraid.

## **Sexual Pleasure**

Elisabeth speaks frankly to teens and encourages them to say yes to God's perfect plan and no to temptation.

## **Future Sex**

This is not your standard sex book. Sex therapist, sociologist, and *Psychology Today* contributor Dr. Marty Klein goes beyond the sex manuals to reveal how our mindsets during sex are more important than any tricks or techniques—and that the way to a healthier, more exciting, more fulfilling sex life lies in first developing our sexual intelligence. This book is the antidote to the many gimmick-oriented sex guides and manuals; Dr. Klein shows us how to reorient how we think about sex in order to experience a truly different way of being sexual. “Marty Klein is the Steve Jobs of sex advice. . . . Sexual Intelligence is a work of enormous wisdom and expansiveness, and will inspire readers, regardless of age, to realize their full sexual potential.” —Ian Kerner, best-selling author of *She Comes First*

## **Sex Is a Lot More Than Fun**

A NEW YORK TIMES BESTSELLER, AS SEEN IN NETFLIX'S SEX EDUCATION An essential exploration of women's sexuality that will radically transform your sex life into one filled with confidence and joy. After all the books that have been written about sex, all the blogs and TV shows and radio Q&As, how can it be that we all still have so many questions? The frustrating reality is that we've been lied to — not deliberately, it's no one's fault, but still. We were told the wrong story. *Come as You Are* reveals the true story behind female sexuality, uncovering the little-known science of what makes us tick and, more importantly, how and why. Sex educator Dr Emily Nagoski debunks the common sexual myths that are making women (and some men!) feel inadequate between the sheets. Underlying almost all of the questions we still have about sex is the common worry: 'Am I normal?' This book answers with a resounding Yes! We are all different, but we are all normal — and once we learn this, we can create for ourselves better sex and more profound pleasure than we ever thought possible. PRAISE FOR EMILY NAGOSKI 'As a literary work, Nagoski's book deserves plaudits for the rare achievement of merging pop science and the sexual self-help genre in prose that's not insufferably twee ... "You are normal!" doesn't sound much like a battlecry, but in a world keen to sexually homogenise women from the gap of their thighs to the shape of their mons pubis, the sentiment lands like a bomb.' The Guardian 'Come As You Are screams female empowerment loud and proud.' The Independent

## Sexual Intelligence

A \"riveting and illuminating\" Bill Gates Summer Reading pick about how and why some nations recover from trauma and others don't (Yuval Noah Harari), by the Pulitzer Prize-winning author of the landmark bestseller *Guns, Germs, and Steel*. In his international bestsellers *Guns, Germs and Steel* and *Collapse*, Jared Diamond transformed our understanding of what makes civilizations rise and fall. Now, in his third book in this monumental trilogy, he reveals how successful nations recover from crises while adopting selective changes -- a coping mechanism more commonly associated with individuals recovering from personal crises. Diamond compares how six countries have survived recent upheavals -- ranging from the forced opening of Japan by U.S. Commodore Perry's fleet, to the Soviet Union's attack on Finland, to a murderous coup or countercoup in Chile and Indonesia, to the transformations of Germany and Austria after World War Two. Because Diamond has lived and spoken the language in five of these six countries, he can present gut-wrenching histories experienced firsthand. These nations coped, to varying degrees, through mechanisms such as acknowledgment of responsibility, painfully honest self-appraisal, and learning from models of other nations. Looking to the future, Diamond examines whether the United States, Japan, and the whole world are successfully coping with the grave crises they currently face. Can we learn from lessons of the past? Adding a psychological dimension to the in-depth history, geography, biology, and anthropology that mark all of Diamond's books, *Upheaval* reveals factors influencing how both whole nations and individual people can respond to big challenges. The result is a book epic in scope, but also his most personal yet.

## Come as You Are

Of all the writing that emerged from the existentialist movement, Simone de Beauvoir's groundbreaking study of women will probably have the most extensive and enduring impact. It is at once a work of anthropology and sociology, of biology and psychoanalysis, from the pen of a writer and novelist of penetrating imaginative power. *THE SECOND SEX* stands, five decades after its first appearance, as the first landmark in the modern feminist upsurge that has transformed perceptions of the social relationship of man and womankind in our time

## Upheaval

How cancers begin and spread, by the scientist responsible for the major recent research breakthroughs Cancer research has reached a major turning point. The amount of information gathered in the past twenty years about the origins of the disease is without equal in the history of biomedical research. In this book one of America's most eminent scientists explains to the general reader the step-by-step process by which cancers

arise, and more importantly, how they spread. Robert Weinberg explains how normal genes control the conventional growth of the cell, how, in their mutated form, they enable cancers to arise, and why these genes have such life-and-death power over us. Drawing from information that simply was not available until recently, *One Renegade Cell* explains this insidious disease as no other book as ever been able to do.

## **The Second Sex**

Why do women have sex? Is it purely for pleasure or the desire to reproduce? In their ground-breaking book, clinical psychologist Cindy Meston and evolutionary psychologist David Buss investigate the underlying sexual desires of women and identify 237 distinct motivations for sex. Drawing on more than a thousand intensive interviews conducted solely for the book, as well as their pioneering research on physiological response and evolutionary emotions, Meston and Buss give us a remarkably complex and nuanced portrait of female sexuality. They explore the use of sex as a defensive tactic against a man's infidelity (protection), as a ploy to boost self-confidence (status), as a barter for gifts (resource acquisition), or even as a cure for a headache (medication). *Why Women Have Sex* explores the deep-seated psychology and biology of female sexuality, and promises to inform every woman's - and her partner's - awareness of her relationship to sex and her own sexuality.

## **One Renegade Cell**

*The Development of an Extraordinary Species* We human beings share 98 percent of our genes with chimpanzees. Yet humans are the dominant species on the planet -- having founded civilizations and religions, developed intricate and diverse forms of communication, learned science, built cities, and created breathtaking works of art -- while chimps remain animals concerned primarily with the basic necessities of survival. What is it about that two percent difference in DNA that has created such a divergence between evolutionary cousins? In this fascinating, provocative, passionate, funny, endlessly entertaining work, renowned Pulitzer Prize-winning author and scientist Jared Diamond explores how the extraordinary human animal, in a remarkably short time, developed the capacity to rule the world . . . and the means to irrevocably destroy it.

## **Why Women Have Sex**

Make your sex life everything you want it to be--hot, wild, tender, crazy, and better than ever! Get into a sensual state of mind and unleash your sexiest self. Learn all about the moves men love best, and what goes on in the male mind. Find out which foods will whet your appetite for romance. Make \"scents\" of love with erotic aromatherapy. Discover exciting ways to push your kissing skills to their full potential, fun libido-boosting games, thrill-building positions and techniques, and unexpected hot spots to stroke, touch, tickle, and lick. With so many sexy answers and ideas in one place, this passion-enhancing volume belongs on every nightstand! False fact: Sex will happen when the mood strikes. Reality check: Sometimes, you have to make the mood strike.

## **The Third Chimpanzee**

The move from soulmates to \"sexual soulmates\" is an outrageous adventure, a love-drenched journey of epic-erotic proportions. I am about to let you in on a big secret, a secret the happiest couples everywhere already know. I call it the Sexual Soulmate Secret. What you will find in the pages of *Sexual Soulmates* is a straightforward model and specific strategies for turning your mate into your sexual soulmate. I share with you the six essentials that will turn your current or next relationship into a romantic adventure full of intimacy, passion, and fun. You will learn a practical approach that is both simple and easy once you discover the power of: - Presence- Loverspace- The Sexual Soulmate Pact- Polarity- Embodied Sexuality- Erotic Playdates I speak as a woman who found, then lost, then re-discovered her soulmate and, ultimately, co-created a sexual soulmate relationship second to none. And I'm here to lead you to your Sexual Soulmate.

You will discover: ? How to BE rather than DO in the bedroom.? The ins and outs of loverspace.? The gift you give, and get, by giving up performance.? Making clear agreements and defining boundaries.? How time can work for you rather than against you.? The key ingredients that keep passion alive.? Specific practices that accelerate your love and lust. In addition to, and layered in with the key takeaways above, I will teach you communication skills that will, over time, expand your heart and your mind. It's this layering process and these specific skills that give you the leg up to overcoming any obstacle that arises between you. No more drifting apart, shutting down, protecting your heart, hiding your hurt, sulking in silence, or manipulating to get what you want. I am going to show you how to be nourished by the lovemaking you share. Apply what you learn from this book and the two of you will grow in new, previously unimaginable, directions. Start off on the right foot with a new lover by weaving these skills into the fabric of your relationship. I kid you not. The dream of a sexual soulmate relationship is yours to claim. So claim it with your whole being. All you have to do is make a choice, bring your heart and your soul on this journey, and walk hand-in-hand with your current or future lover into new territory where you will co-create a love like no other. This is the updated second edition which includes stories of singles and couples who've implemented these six essentials for connected sex. Sexual Soulmates is for everyone across the gender spectrum of all ages and relationship status. Editorial Reviews: I liked your whole section on context and how women may be more sensitive to the environment of sexual encounters. ~ Dr. Susan Campbell, Sebastopol, CA I am a Registered Psychologist so I can give you a professional opinion - what you are doing is marvelous! The book is excellent because it is based on solid psychological principles grounded in a practical "how to" guide. ~ Lawrence S., Paris France Sexual Soulmates was a total an eye-opener! You gave us the missing piece to the intimacy puzzle. Huge thank you from me and my wife. In the matter of a week, we've put our relationship back on the \"upward pleasure spiral.\" So much fun!! Blessings to you from Chicago. ~ Daniel P. This is NOT your typical bunch of puff and fluff slapped together to entice you to buy stuff-- This is a really complete and useful book that is filled with great ideas and insights to make your relationship really fire on all cylinders. Look, once you get past the early stages, everyone knows it's rare, and sometimes even seems impossible to stop the drift from erotic and spicy into plain vanilla friendship (or worse, to just annoying and exhausting).

## **Redbook's 500 Sex Tips**

Discover what turns your lover on! When you want more sizzle in your sex life, you need to find out what gets you both hot first. Do either of you have any secret sexual desires smoldering on the back burner? Are there spicy new erotic ideas that will catch alight and burn bright in your relationship? What will inspire you to fan the flames of your love so it blazes with intense passion and excitement? Discovering the answers to these questions requires even more steamy questions. But with the right spark, you'll be able to start your sexual fires burning in no time. This book has 469 fun sex questions that will help stoke your desire with creative new ideas for being naughty, frisky and playful. Use them any time to stimulate thought provoking discussions that will arouse both your mind and body. Tease and tantalize each other with hot talk as you reveal your answers and inflame your craving for each other. All the sex questions in this book are for fun and for play - leave the serious questions for some other time. Whether you're curled up next to each other or talking on the phone, start a sexy conversation today and see where it leads. When you feel more comfortable talking about sex together, you'll feel much more comfortable enjoying sex too. Enjoy Hot Talk for Even Hotter Sex

## **Sexual Soulmates**

Dramatically Improve Your Sex Life! 3+ books in 1 makes this the only resource you need on how to have great sex. \* Yoga for Better Sex \* 126 Sex Positions Guaranteed to Spice up Your Bedroom \* Learn Tantric Sex and more! This is a must-have in your collection, because it is the only sex-manual you'll ever need! Get it now.

## **469 Fun Sex Questions for Couples**

The first book of prose published by either James Thurber or E. B. White, *Is Sex Necessary?* combines the humor and genius of both authors to examine those great mysteries of life -- romance, love, and marriage. A masterpiece of drollery, this 75th Anniversary Edition stands the test of time with its sidesplitting spoof of men, women, and psychologists; more than fifty funny illustrations by Thurber; and a new foreword by John Updike.

## **How to Have Great Sex**

In this refreshingly down-to-earth exploration of human mating and sexuality, an acclaimed anthropologist looks at why we fall in love with the people we do. "A personal feminist take on the mating game." —Scientific American An acclaimed anthropologist looks at the fascinating intersection between the imperatives of our glands and genes, and the culture in which we live. Why do we fall in love with the people we do? Is there an alternative, more feminist, way to interpret traditional human sexual biology and evolution? These are but a few of the questions that anthropologist Meredith Small explores in her compelling book on human mating, *What's Love Got to Do with It?*

## **Is Sex Necessary?**

Pleasure is one of the most fascinating aspects of being human. But what is it? Exploring child development, philosophy, neuroscience and behavioural economics, Paul Bloom uncovers how universal habits explain what we like and why we like it. The average Briton spends over a day a week watching television. People slow their cars to look at gory accidents and go to sentimental movies that make them cry. Some men pay good money to be spanked by prostitutes. In this revealing and witty account, Paul Bloom examines the science behind these curious desires, attractions and tastes, exploring one of the most fascinating and fundamental engines of human behaviour. 'How Pleasure Works has one of the best discussions I've read of why art is pleasurable, why it matters to us, and why it moves us so' Daniel Levitin, author of *This Is Your Brain on Music*

## **What's Love Got to Do with It?**

This book responds to the need to investigate the complex links between sex and leisure and their implications for research and practice. Understanding sex as leisure aligns with sex-positive culture that focuses on affirming pleasure in the contemporary sexual discourse and advocating for sexual diversity, freedom, empowerment, and fulfilling sex lives. The focus of this book is on analyzing the complexity of sex as leisure in various socio-cultural and geographical contexts, with particular reference to vulnerable populations and pressing sexual issues, including sexual pleasure and expression, biomedicalization of sexuality, and social justice and sexuality. Specific chapters offer diverse international coverage and address the links between a positive sexuality framework and leisure research. The chapters cover sexual play and sex toys based on consumer experience perspectives; using the leisure lens to analyze sex and pornography addiction; quadriplegic sexuality and leisure; rejection and resilience on a gay cruise; relational dynamics of aging, exploitation, and deceit in sex tourism; sexual harassment of solo female travelers; and the complexity of consent in the sexualized leisure space of a pornography expo. This book will be of great value to those interested in transdisciplinary scholarship as it critically broadens the bio-psycho-socio-cultural perspective of sex as leisure. The chapters in this book were originally published as a special issue of the journal, *Leisure Sciences*.

## **Reclaiming Erotic Pleasure**

Has evolution made men promiscuous skirt chasers? Pop-Darwinian claims about men's irrepressible heterosexuality have become increasingly common, and increasingly common excuses for men's sexual

aggression. The Caveman Mystique traces such claims about the hairier sex through evolutionary science and popular culture. After outlining the social and historical context of the rise of pop-Darwinism's assertions about male sexuality and their appeal to many men, Martha McCaughey shows how evolutionary discourse can get lived out as the biological truth of male sexuality. Although evolutionary scientists want to use their theories to solve social problems, evolutionary narratives get invoked by men looking for a Darwinian defense of bad-boy behaviors. McCaughey argues that evolution has nearly replaced religion as a moral guide for understanding who we are and what we must overcome to be good people. Bringing together insights from the fields of science studies, body studies, feminist theory and queer theory, The Caveman Mystique offers a fresh understanding of science, science popularization, and the impact of science on men's identities making a convincing case for deconstructing, rather than defending, the caveman.

## **How Pleasure Works**

From the author of Guns, Germs and Steel, Jared Diamond's Collapse: How Societies Choose to Fail or Survive is a visionary study of the mysterious downfall of past civilizations. Now in a revised edition with a new afterword, Jared Diamond's Collapse uncovers the secret behind why some societies flourish, while others founder - and what this means for our future. What happened to the people who made the forlorn long-abandoned statues of Easter Island? What happened to the architects of the crumbling Maya pyramids? Will we go the same way, our skyscrapers one day standing derelict and overgrown like the temples at Angkor Wat? Bringing together new evidence from a startling range of sources and piecing together the myriad influences, from climate to culture, that make societies self-destruct, Jared Diamond's Collapse also shows how - unlike our ancestors - we can benefit from our knowledge of the past and learn to be survivors. 'A grand sweep from a master storyteller of the human race' - Daily Mail 'Riveting, superb, terrifying' - Observer 'Gripping ... the book fulfils its huge ambition, and Diamond is the only man who could have written it' - Economist 'This book shines like all Diamond's work' - Sunday Times

## **Innovation and Impact of Sex as Leisure in Research and Practice**

In Women: Theory and Practice, Bernard Chapin challenges the accepted theories of feminism and sexual equality in this thought-provoking, revolutionary look at the battle of the sexes in the twenty-first century. This book captures the true essence of today's apocryphal gap between men and women and how it affects not only the workplace, but also romantic relationships and the interactions of men and women everywhere. Chapin introduces a truly contrarian argument against society's current atmosphere of political correctness. He also makes a convincing case for the hidden damage caused by the women's movement and the popular mindset that women are no longer just the fairer sex, they are the better sex. Chapin questions the rationale behind policies and laws created to protect women's rights and to construct equality in the workplace. Chapin describes society's current backlash against men and how it has created a culture that has wrongly declared women to be intellectually, morally, and emotionally superior. Women: Theory and Practice provides a clear, rational argument against a popular socio-political atmosphere that has turned women into demi-gods, and men into second class citizens.

## **Evolutionary Psychology**

Drawing on past speculation and present knowledge, a reproductive biologist conducts readers through the 40 weeks of human pregnancy, explaining the complex biology behind human gestation in a clear and entertaining manner. 16 halftones.

## **The Caveman Mystique**

This feisty and inspiring treatise blames the destructive cultural myth of female self-sacrifice for the desire for breast implants, the conservative insistence on family values, and the general cultural attitude that prevents women from supporting one another's accomplishments. Using everything from psychological



analysis to clever fairy-tale parodies--called \"fairer tales\"--the author promotes an ideology for women that is neither bra-burning feminism nor passive conservatism, but rather a belief in self-development.

## **Collapse**

With an abundance of data and evidence, Move UP explores the societal and biological factors that determine whether cultures are able to ascend socially, economically and intellectually. This provocative, ambitious and entertaining book devises a formula that will allow countries and individuals to assess their own potential for upward mobility. Drawing on science and statistics as much as on human instinct and emotion, Move UP reconsiders the modern world with a motion to improving it.

## **Women**

An important discussion of philosophical issues surrounding consent to sexual relations.

## **Making Babies**

What can snorkelling at Shark Bay teach us about humanity? Will the secrets of our sex lives be uncovered by stick insects? What do whale societies reveal about kindness? And why did we evolve to spend a third of our life asleep? Some questions have nipped at humanity's heels for as long as we've been...well, humans. In *Why Are We Like This?* science journalist Zoe Kean takes us behind the scenes of the evolutionary paradoxes that make up life on this planet. Exploring with scientists, from freezing in Tasmanian sleet to a laboratory of sleeping sharks in North Queensland, we see how these evolutionary mysteries might just uncover the secrets of a better life for humans and the creatures we share the planet with. The ancient ancestors of life on Earth faced the same challenges we do, so let's learn a lesson or two about how they dealt with them. 'Why Are We Like This?' is a witty and inquisitive exploration of humans' place in the web of life. It takes readers on a journey through the history of life on Earth – full of wonder, curiosity and tenderness.' – Tegan Taylor 'Evolution is not perfect, just good enough. This book brilliantly guides you through this complexity, showing us how we evolved to be marvellously imperfect. Why do we have sex? Why does cancer happen, why do dogs age and sharks sleep? Read this book, and learned up.' – Dr Karl Kruszelnicki

## **Stitched-up**

'Pincott uses the latest medical understanding to answer once and for all some of the biggest mysteries and misconceptions of this extraordinary time' - DAILY MAIL Have you ever wondered what foetuses actually learn when they eavesdrop? Why thinner women have more daughters? Or where the maternal instinct comes from? Fun, entertaining and informative, *Do Chocolate Lovers Have Sweeter Babies?* is a different type of pregnancy book. Instead of looking at the how-to it looks at the why, the QI of maternity books. Full of surprising facts that will intrigue expectant mums and dads, Jena Pincott writes about the quirky, under-the-radar side of pregnancy. Understand what is happening to a woman during pregnancy, physically and psychologically - the how and why of pregnancy science. While pregnant, Jena Pincott found herself wondering how her baby's gestation might tinker with her body - and how her body was shaping the future development of her unborn child. She started to ask questions her doctors couldn't always answer, and uncovered unexpected answers in scientific journals. How does Grandma's diet affect her unborn grandchild? Does stress sharpen your baby's mind? Drawing on her scientific background, Jena Pincott writes about the hidden science of pregnancy. Here is fascinating supplement to the typical maternity guide, delving into biology, neuroscience, evolutionary psychology and epigenetics. *Do Chocolate Lovers Have Sweeter Babies?* gives a deeper understanding of what is happening to both mother and baby during pregnancy. 'Really gives you an understanding about what s happening to you, both physically and psychologically' - PREGNANCY AND BIRTH

## Move Up

### Consent to Sexual Relations

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