Softback

I'm Feeling Worried

Children's illustrated picture book Children learning about feeling worried and anxious and how to deal with these feelings 24 page large 8.5 x 8.5 softback book with glossy cover Suitable for children to read themselves or read with an adult.

Reading Log

Reading Log / Gifts for Book Lovers. Softback, 8\" x 10\" [US\$5.49 / £4.98 / e5.48] IF LOOK INSIDE ISN"T LOADING, the blue smART bookx link by the title will help you out. BOOK INTERIOR: One hundred attractive and spacious record pages. As well as the main review space, there's space to log: - title, author, publishing details & page count, - start & finish dates, - book format, source & genre/subject, thoughts & inspirations in an Inspiration Tree, - ratings on plot, character development and ease of reading, as well as an overall review score, and - memorable quotes. At the back you"ll find: - a loan record sheet, - a tick list of the top 100 voted fiction books, and - a Notes page for jotting down new authors, books to read, book suppliers and other useful reading resources. At the front, a blank personalized Contents Table gives space for you to add your own categories alongside some of the more commons ones. Whether it's short stories, poetry, satire or a few specific authors that float your boat, you'll always be able to quickly find any of your reviews by allocating each to one or more categories as you go along. All pages are of thick white paper (55lb) to minimize ink bleed-through. EXTERIOR: Cover: Tough matte paperback. Binding: Secure professional trade paperback binding, i.e. it's built to last; pages won't fall out after a few months of use. Dimensions: 20.3 x 25.4 cm (8\" x 10\"). (Almost the same width as A4 but a few cm shorter in height - so no more cramming into tiny boxes!) MATCHING PRODUCTS: smART bookx publish a wide variety of specialist journals (Blank Recipe Books, Password Journals, Trip Planners, Fitness Journals etc.) To find products matching this one, search "rustic rainbow" & "bookx" (don"t forget the "x"). SIMILAR PRODUCTS: We publish several Reading Logs. Each has the same interior but there are cover designs to suit all tastes. To view them all, search "reading" & "bookx" on Amazon. Thanks for looking, The smART bookx design team Buy With Confidence Because Our Customers Love Our Stationery: **** Affordable, But Still Good Quality! ... Very satisfied ... an affordable option that is also very thorough. Many other planners just didn't have all of the sections I needed, or they did and cost too much ... the cover is super cute and kind of soft. (Jun 1, 2016) ***** Very Nice ... Beautiful. My daughter loved them!!! (August 17, 2014) ***** Love the Van Gogh Notebook ... Loved it, keep it in my purse incase of creative impulses. (November 8, 2013) ***** Love This! ... planner is super cute, and I absolutely love the cover. Lots of room to include all kinds of information. (June 13, 2016) ***** Great for taking theory notes or writing music! ... I'm a music major, & I needed staff paper ... a cute product and the staff paper is great. (Feb 1, 2016) ***** Amazing Recipe Book ... the third smART bookx recipe book I"ve purchased. I have it with the Carnival cover & purchased the Polka dots cover to copy recipes for my daughter... Love the index pages ... Easy to find the exact recipe you are looking for since the index shows all the recipe pages numbered. Highly recommended. (Dec 28, 2015) ALL BOOKS ARE MADE IN THE COUNTRY PURCHASED

Public Health Service Publication

A godsend for every parent and professional who has ever been confronted with the perplexing and frustrating challenges of unpredictable and uncontrollable outbursts that seemingly have no rhyme or reason. This book provides some realistic approaches and a wide variety of simple, doable techniques for coping at home, in school and in life. The author is a social worker who first struggled with these challenges in her

own home and then with her clients.

Dysinhibition Syndrome

Each project in this book combines bookbinding with a specific craft such as quilting, jewelry making, or polymer clay, and offer levels of expertise: basic, novice, and expert. Illustrated step-by-step instructions and photographs demonstrate how to construct the cover pages, and a unique binding technique, easy enough for a beginner to master. Each project also features two other versions with the same binding geared to those with more or less experience. The novice version is for those who have no knowledge of the craft and want shortcuts, but love the look. For the quilter's book, for example, vintage quilt pieces become the covers so all that's needing in the binding. Or if you're interested in wool felting use an old sweater. This offers great opportunities for upcycling. The expert version is for those who have a great deal of knowledge and proficiency of a certain craft - the master art quilter, for example. For this version, an expert guest artist has created the cover and the author has created the binding. This offers yet another creative opportunity - the collaborative project. Since crafters often get involved with round-robins and other shared endeavors, this will show them yet another way to combine their skills. No other craft book offers the possibilities and challenges that Adventures in Bookbinding does. Readers will return to it again and again to find inspiration and ideas.

Adventures in Bookbinding

This is the first volume of the two-volume autobiography of Colin Seeley, a famed British motorcycle racer and builder. The book is full of anecdotes, escapades, personalities and memorable descriptions on and off the track which give a fantastic insight into the racing and technical achievements over three great decades in motorcycling history.

Colin Seeley

This is the story of Lawrie Watts and his amazing technical artworks, illustrations, and cutaway drawings of motorcycles, motorcars, aircraft, and farm machinery. He was drawing amazingly complex machinery with meticulous attention to detail way before the development of CAD. Lawrie is not just an artist; he's a designer too. An example of his designs was the Enfield-powered Dreamliner.

Watts My Line?

Two boys with Tourette syndrome find a magic marble that can cure their disorder but decide that their friend with cerebral palsy needs the marble more than they do.

Adam and the Magic Marble

Liven up the party with this heady collection of drinking games! Choose from brain-boggling classics such as Fuzzy Duck and Twenty-One or dizzying games of pure chance like TV Drinking and Vodka Roulette – whichever you play, you're guaranteed to be gleeful and giggly by the end!

The Little Book of Drinking Games

Comprehensive collection of unexplained phenomena, science mysteries and historical oddities ranging from Big Bang and Killer comets to poltergeist and alien abductions.

Birding World

The new edition of Quantitative Methods for Business and Management offers a complete introductory course in Quantitative Methods, providing students with basic practical experience in quantitative approaches in modelling and analysis for business and management. The book features sections on foundation topics, models for business and management, and modelling and analyzing decisions. In particular, the new edition features greater coverage of statistics to reflect teaching in this area, with chapters on Elementary Statistics, Summary Statistics and Inferential Statistics. Other new areas of coverage in the second edition include Network Models and Non-linear Models. The book retains its popular style which offers students numerous examples accompanied by clear and straightforward explanations. Excel examples are also integrated throughout to help students to understand how this software tool is used by managers, and frequent questions and exercises enable students to test their understanding. A free CD contains Excel applications and solutions to the exercises in the textbook, and a full online learning centre completes an excellent learning package for business students.

CXC Information Technology

\"World War II was a traumatising experience for those nations that were caught up in it. Nowhere was this more apparent than in Undivided India where over two and a half million Indians volunteered to serve in the armed forces and to fight against the evils of the fascist Axis Powers. Those Indians who served and fought had their own motives but a predominant one was pride and satisfaction in doing a soldier's job and earning a soldier's pay. Service in the Indian Army was respected, particularly in rural communities, and money sent home by a soldier could over time transform his family's social status. As it had done towards the end of World War I the Indian Army in World War II opened its arms wide and recruited from many varied castes and backgrounds, and few were found wanting. The demands made on India to provide servicemen and women were massive. Indian Army formations contributed significantly to the defeat of Italian forces in East and North Africa and then to the much more difficult confrontations with German troops. Dark days followed when Japan invaded Hong Kong, Borneo, Malaya and Burma. Indian troops predominated in the defence of those regions and many were killed in action or ordered into captivity by their commanders. After realistic reassessments of the threats faced in Asia had been made, and the new training and motivation required had been delivered, the Indian Army emerged again in 1944 and 1945 as the most proficient and economical Allied force in Asia. Meanwhile Indian troops, not forgetting the large number of Nepalese serving in the Indian Army, fought Vichy French forces in Syria, nationalists in Persia and Iraq, and above all else Germans in North Africa and Europe – and they won their battles. This book will show you how the Indian Army was tested during World War II, and how it prevailed using courage, professionalism, honour and dignity. \"

100 of the World's Greatest Mysteries

Two talented therapists with 17 to 25 year of experience provide straight forward and practical methods of preventing and treating a wide range of mental disorders involving depression, moodiness, rage attacks, obsessions, anxiety attacks, addictions, attention deficit disorder, disorganization, time management, anger, shame, guilt, sex, menopause and problems at work, sleep, and spirituality.

Publications of the Health Services and Mental Health Administration

This easily read and understood book will help teenagers and adults and successfully cope with their ADD in their personal lives as well as their academic work lives. Equally important, the authors describe in meaningful detail the frequent complications that often mask ADD and interfere with successful treatment, particularly violence and addictions. The rich clinical illustrations and the practical advice address critical yet often neglected management issues such as interpersonal problems with significant others, consideration and planning for further education and training and how to deal with the workplace.

EBOOK: Quantitative Methods for Business and Management

Have you ever wondered by in recent years there seems to be an increase in the number of children and adults with attention deficit disorder, depression, learning disabilities, autism, and anxiety. Dr. Comings proposes a provocative new theory in which the delaying of childbearing in those with longer periods of education indirectly results in the selection of genes for these disorders.

Radiation Risk, Risk Perception and Social Constructions

An update to Susan Hughes acclaimed Ryan, A Mothers Story of her Hyperactive/Tourette Syndrome child. It covers the very difficult adolescent years - a period when he had to be placed in a residential treatment facility - and the subsequent period of returning home and pursuing a normal life following an excellent response to the right combination of medication, family and school support. This is a hair-raising and heart rendering story that should be read by everyone who has ever interacted with a difficult child.

The Northern Ireland Legal Quarterly

Land Rover Freelander - The Complete Story recounts the history of the Land Rover Freelander, and its popular successor, the Freelander 2. This new book covers the original Freelander, from its design and development to its launch and reception in 1997. In 2006, the innovative Freelander 2 was launched, with its pioneering technology in fuel efficiency. Also covered are the Freelander variants from across the world, and its use in UK law enforcement. This is an indispensable guide to the history of both generations of Freelander and is aimed at enthusiasts of Land Rover throughout the world. Lavishly illustrated with 284 colour photographs.

Distant Battlefields

With Complete Guide To United States Marine Corps Medals, Badges And Insignia World War II To Present, military medal expert James G. Thompson has created a comprehensive and methodically presented encyclopedic reference to all of the Marine Corps decorations, medals, ribbons, badges, and military insignia commissioned and awarded during the Second World War. This unique military reference guide features colour plates of all Marine Corps medals and ribbons; their history and award criteria; foreign awards and UN meals given to American Marines; a complete set of Marine ribbons in their correct order with all attachments and devices; all Marine insignia (including officer and enlisted rank insignia 1944 to the present day); World War II shoulder patches; descriptions of service ID badges, aiguillettes, should cords, etc.; detailed information on marksmanship and trophy badges; a guide to the correct wearing of medals, ribbons, insignia and badges by active duty Marines and veterans; displaying awards and insignia, even instructions on how to claim a medal by a qualified serving Marine or veteran. Quite simply, this book offers everything you need to know about Marine Corps medals, badges and insignia.

Check Up from the Neck Up

This Is Reading Log, Reading Journal with Tracker & Organizer Keep Track And Review Your Favorite Books For Book Lovers, Softback and Large Size (A Children's Version) Features: 107 Pages Spacious Record Pages there's space to log: Title, author, cover picture & page count: Reviwe: Start & finish dates: Favorite Quotes From The Book: Book type & source: Ratings on story, characters and ease of reading: And overall smiley score Perfectly Sized At 8 x 10 Soft Cover (Perfect Matte) Printed on High Quality Makes A Perfect Gift Idea For: Birthday Gifts Graduation Gifts Christmas Gifts Velentine's Gifts Teacher Gifts Co-worker Gifts Boss Gifts Back to school gifts for kids Great gift idea for Boys and Girls on any occasion. Order today!

ADD Kaleidoscope

\"Tourette syndrome is a common, hereditary disorder that provides insight into how we and our children behave and misbehave and why some of us can't read, learn, or pay attention; compulsively do things including eating and abusing drugs or alcohol, spouses or children and are angry, short-tempered, anxious afraid, depressed or feel different and all alone. This book is written for both the lay reader and the health or education professional as a guide to the exciting story of how a common gene may control a wide range of human behaviors.\"--Page [i]

Decision Making Support for Off-site Emergency Management

This full-color book covers every aspect of one of the best-loved classic racing machines, from its beginnings back in Small Heath though the Brooklands days, Trials, the Café Racer scene to the classic scene of today. Lavishly illustrated.

The Gene Bomb

Vibrant, whimsical illustrations accompany this thoughtful poem, which will quickly become a favourite for both parents and children to read together.

What Makes Ryan Tick?

The most famous of all British racing motorcycles, with an ancestry dating back to the very dawn of the internal combustion engine, the 'cammy' Norton is inseparable from the era of British domination in motorcycle racing. It is linked with the legendary heroes of the sport, Jimmie Guthrie, Harold Daniell, Geoff Duke, John Surtees, Mike Hailwood and the age when Britain had the world's finest motorcycle industry. This revised edition of the definitive history contains additional material and traces the design, development, the leading riders and tuners. It presents a superb collection of photographs, many previously unpublished. The Manx Norton covers not only the Manx itself, but also features boardroom battles, Norton's early history, record breaking, sidecars, Formula 3 cars, scrambling (motocross); the Domiracer; racing at Daytona and today's classic scene.

Intakes of Radionuclides

This book will have you singing, dancing and waving your knickers in the air! PANTS is a picture book with a brilliant rhyming text by Giles Andreae and lots of hilarious pictures by Nick Sharratt. As we go through the book we meet lots of different animals, people and sometimes objects each wearing a different kind of pants - every shape, pattern, colour, size and style that you can think of - and lots more besides! This is a book children will ask for again and again. PANTS - which ones are your favourite?

Land Rover Freelander

Ships Monthly

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